



Annual Report from NYGP 2022

Executive Board Members 2022

Denmark: Anne Mette Torp, (Emil Winther)

Iceland: Gísli Gunnar Gunnlaugsson and Sandra Ásgeirsdóttir

Sweden: Linn Ekström Feyzi

Norway - chairmanship until 06/22: Ingvild Vatten Alsnes, Katrina Tibballs

Finland: chairmanship from 06/22: Annika Kolster, Kati Lempinen

Meetings:

The NYGP has held four online Executive Board meetings in 2022.

- During spring, we prepared for the NYGP pre-congress to The Nordic congress of general practice and the workshop on our specialist training statement.
- During autumn, we have discussed feedback from the congress, prepared presentations for Yleislääkäripäivät (11/22) and discussed how to move on with the well-being questionnaire.
- The new chairmanship (Annika and Kati) met with the NFGP executive board september 14, discussing future pre-congress, visibility and need of NYGP.

We met at the NFGP Annual General Assembly March 26 2021 and during the NCGP congress in Stavanger. Based on these discussions we set a strategy for the upcoming 2 years: [2022-2024 Strategy](#)

Dissemination and communication:

At the pre-congress in Stavanger, each representative of NYGP presented the organization of general practice and the quality improvement tools of their country.

These presentations were reused in Finland, at Yleislääkäripäivät where Annika Kolster, Kati Lempinen and Marte Kvittum Tangen held a workshop on specialisation in the nordic countries. One of the aims of this workshop was to strengthen the young GP networks in Finland.

We have continued our work with distribution, presentation and discussion of our specialist training statement. The specialization statement can be found on the NFGP website: https://www.nfgp.org/flx/nfgp/nygp/nygp_statements/

At the NCGP in Stavanger the NYGP specialization statement was presented (Katrina Tibbals) and commented (Arja Helin-Salmivaara (FIN) & Joachim Frølund (DEN)) during the last day of main congress at the session "S08 Opportunities and challenges in Nordic GP Specialist training – can we meet the young doctors' expectations?" Chair: Roar Maagaard.

The NYGP board has done 2 podcast episodes:

Becoming a GP in the Nordic countries: talking about how general practice and specialist training is organized.

<https://open.spotify.com/episode/32Rt8UF0McBViuteo7h91Y?si=206e4fd1d5aa4e7f>

And Katrina and Annika discussing the specialist training statement.

<https://open.spotify.com/episode/2voOn3ap3JfjeGQrp1yzN?si=881bbea8313a46f2>

Reports on Stavanger congress published in
Allmänmedicin (Sweden)

<https://allmanmedicin.sfam.se/p/allmanmedicin/nr-3->

https://allmanmedicin.sfam.se/p/allmanmedicin/nr-3-2022/r/1/1/1919/584871?fbclid=IwAR3wrHWwtTY6k8wZH_40_6yhUHY8vqi-4PjXaHAppHz0kIMTiup5fHbh7Hq page 36

And Practicus nr. 261, "Tag på Prækongres!" (Denmark)

https://www.dsam.dk/tidsskrifter/practicus/seneste_numre_af_practicus/

Social media activity:

NYGP has a private Facebook group with 355 members

<https://www.facebook.com/groups/nordicyounggps>

The NYGP executive board has a private group (12 members) that we rarely use, communication by mail and in a messenger thread.

<https://www.facebook.com/groups/1450103581974659/members>)

NYGP has also been visible in internal national groups

FYAM - Instagram posts during precongress

Yleislääkärin Sydänäätet - Instagram posts during precongress

Pre-congress Stavanger 2022



The pre-congress in Stavanger committee was held at the University of Stavanger, we had 62 attendants. Among the Nordic countries, 22 were from Iceland, 20 from Norway, 5 from Finland, 5 from Denmark and 3 from Sweden. In addition to this we had one participant from each of the following countries; Slovakia, France, Portugal, United Kingdom, Poland, Turkey and Kyrgyzstan. The theme “Quality improvement in general practice” was planned and organised by representatives of Norwegian GP College young

doctors committee (FAUNA) and Nicolas Øyane, leader of the Norwegian centre for quality improvement in general practice (SKIL). We also enjoyed practice visits and social program.

NFGP chair Johann Sigurdsson visited the pre-congress, discussing the future of general practice.

The chairmanship of NYGP was passed on from Norway to Finland at NCGP.



Ongoing work

Beginning at the annual meeting NYGP is now working on promoting wellbeing at work. We plan a questionnaire focusing on the positive aspects of work and what would help young GPs to thrive in their work. The questionnaire is better described in 2022-2024 strategy. Questionnaire has not yet been launched.

Funding

NYGP was allocated 60 000 DKK from NFGP for 2022. This was used for NYGP participation in the annual assembly in Copenhagen.

Participation in NCGP and travel expenses to Copenhagen was funded by national colleges. Pre-congress

This report was presented at the NYGP meeting 12.1 2023

On behalf of the NYGP and the chairmanship

Annika Kolster
Helsingfors 22.1.2023